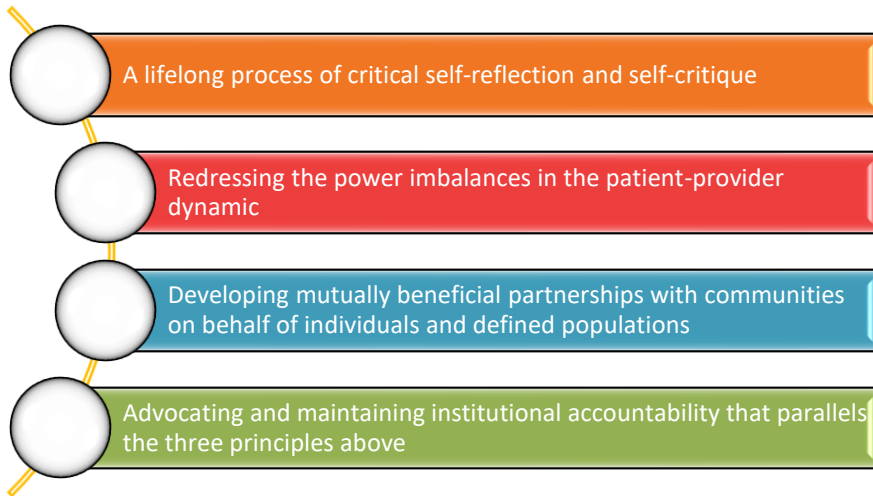


The Four Principles and Definition of Cultural Humility



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- “It is an approach that involves active, ongoing individual and institutional engagement with individuals and defined populations on the content and meaning of culture, power, privilege and difference.” (APA, NASW, Tervalon & Murray-Garcia)
 - ✓ It is a way of interacting with individuals we have contact with in our various roles; being considerate of interpersonal dynamics such as, culture, power, privilege and difference.
 - ✓ Ability to be other-oriented (or open to the other) in relation to partnerships built on trust, teamwork, inclusivity.

Tervalon M, Murray-Garcia J: “Cultural humility versus cultural competence: a critical distinction in defining physician training outcomes in multicultural education, Journal of Health Care for the Poor and Underserved 1998; 9(2):117-124